## AREYOU PREPARED? NEVADA IS EARTHQUAKE COUNTRY DROP! COVER! HOLD ON! www.ClarkCountyNV.gov

## **BEFORE**-Prepare

- Do a hazard hunt. Identify and relocate shaking hazards in your home or office. Secure shelves and water heaters to walls. Don't hang heavy objects over beds, sofas or chairs.
- Make an emergency supply kit. Include a flashlight, first aid kit, water, non-perishable food, batteries, whistle and medication.
- Create a family emergency communications plan that has an out-of-state contact. Plan where to meet if you get separated.
- Consider obtaining an earthquake insurance policy.
   Download the Southern Nevada Community
   Preparedness App: <a href="https://tinyurl.com/y3ofndag">https://tinyurl.com/y3ofndag</a>.
- Get more information: www.shakeout.org/Nevada.

## **DURING** - Drop, Cover & Hold On!

- Drop down onto your knees. Cover your head and neck
- with your arms to protect yourself from falling debris, and hold on!
- The best protection during an earthquake is to get under heavy furniture such as a sturdy desk, table or bench, or against an inside wall.
- Do not run outside. The greatest danger exists outside buildings, at door exits and along exterior walls.
- If you are in a wheelchair or using a walker, lock the wheels, bend over and cover your head with your arms.
- If you are in bed, turn face down and cover your head with a pillow.
- If you are in a vehicle, pull over and stop safely in a clear spot.
- In a high-rise building, use stairs rather than an elevator.

## AFTER-Stay Safe

- Expect aftershocks. Make brief calls to report lifethreatening emergencies.
- Look for damage in and around your home; move everyone to safety.
- Extinguish small fires and eliminate obvious hazards.
   Fires are common after earthquakes. If you smell gas, leave immediately.
- Listen to news reports for instructions via radio, TV, social media, and text alerts.
- Wear protective clothing.

- · Watch for road hazards and traffic light outages.
- Stay out of damaged areas. Report broken utility lines to professionals.
- Use caution when entering buildings. Watch for ceilings that could fall, broken glass, and damaged floors, walls and staircases.
- Open closet and cabinet doors cautiously.
- Keep animals leashed and under your control.
- Take pictures of damage to your house and personal property for insurance claims.





Watch Clark County TV's Earthquake Safety PSA on YouTube: <a href="https://tinyurl.com/jipy8a9">https://tinyurl.com/jipy8a9</a>